

GROCERY LIST

Shopping and Pre- Stocking fee applies. Seasonality and brand availability may determine what we are able to purchase. Substitution may apply.

DAIRY	QUANTITY
Eggs	
Brown eggs	
Whole Milk	
2% Milk	
1% Milk	
Butter	
Margarine	
Plain Yogurt	
Fruit Yogurt	
CHEESE	QUANTITY
Cottage Cheese	
Cream Cheese	
Manchego	
Gouda	
Muenster Cheese	
American Slices (Crystal Farms)	
Queso Turrialba (Local white cheese)	
TORTILLAS	QUANTITY
Flour Tortillas	
Corn Tortillas	
Whole Wheat Flour Tortilla	

FRUITS	QUANTITY
Red Apples	
Yellow Apples	
Bananas	
Cantaloupe	
Honeydew	
Pear	
Green Grapes	
Red Grapes	
Kiwis	
Limes	
Mango	
Mandrine	
Oranges	
Papaya	
Peaches	
Plums	
Star Fruit	
Watermelon	
Others	



FROZEN FRUITS	QUANTITY
Strawberries	
Mangos	
Tropical Fruit	
FROZEN VEGGIES	QUANTITY
Broccoli	
Green Beans	
Peas & Carrots	
BEER	QUANTITY
Corona	
Imperial	
Imperial Light	
Imperial Silver	
Pilsen	
Heineken	
Budweiser	
Bavaria	
Bavaria Gold	
SNACKS & GOODIES	QUANTITY
Oreo Cookies	
Choco Chip Cookies	
Luna Bars	
Nature Valley Granola Bars	
Tortilla Chips	
Doritos	
Cheetos	
Lays Potato Chips	
Plantain Chips	
Pringles	
Peanuts	
Popcorn (in a bag sold by singles)	

BEVERAGES	QUANTITY
Individual Bottles Water:	
Cristal Water	
Evian Water	
Perrier Water	
La Croix	
San Pellegrino	
Sodas	
Coke	
Coke Light	
Coke Zero	
Sprite	
Fresca	
Red Bull	
Monster	
Gatorade	
FROZEN FOODS CONT.	QUANTITY
Pancakes	
Pepperoni Pizza	
Margarita Pizza	
Chicken Tenders	
Bu	
Spicy Chick Tenders	
Crinkle Cut Fries	
French Fries	
Steak Fries	
Onion Rings	



BREAD / GRAINS	QUANTITY
White Rice	
Wild Rice	
White Bread	
Whole Wheat Bread	
Multi-Grain Bread	
Burger Buns	
Hot Dog Buns	
Plain Bagels	
French Bread	
Baguettes	
Croissants	
Muffins (Chocolate or Banana Nut)	
Pastries	
Donuts	
Oatmeal (In bag)	
Instant Oatmeal	
Cheerios (Regular or honey nut)	
Special K	
Corn Flakes	
Fruit Loops	
Captain Crunch	
Raisin Bran	
Lucky Charms	
Pancake Mix	
Pancake Syrup	
Others	

Juice & Nectar:	
Apple Juice	
Grape Juice	
Mango Nectar	
Orange Juice	
Peach Nectar	
Coffee, Tea etc:	
Premium Coffee	
Decaff Coffee	
Iced Tea Mix	
Black Tea	
Green Tea	
Chamomile Tea	
Herbal Tea (Green Chamomile Black)	
Coffee-Mate	
Stevia	
Splenda	
Brown Sugar	
Regular Sugar	
Others	



CONDIMENTS	QUANTITY
Balsamic Vinegar	
Virgin Olive Oil	
Sunflower Cooking Oil	
Salt	
Pepper	
Mayonnaise Regular	
Mayonnaise Light	
Mayonnaise w/Lime	
Mustard	
Dijon Mustard	
Heinz Ketchup	
Barbeque Sauce	
Hot Sauce	
Teriyaki Sauce	
Worcestershire	
Italian Dressing	
1,000 Isle Dressing	
Cesar Dressing	
Pitted Black Olives	
Pimento Olives	
Cocktail Onions	
Others	

CAN & BOTTLED GOODS	QUANTITY
Black Beans	
Ranchero Beans	
Garbanzo Beans	
Green Beans	
Corn	
Mixed Veggies	
Baby Corn	
Green Peas (only frozen)	
Pasta Sauce	
Alfredo Sauce	
Tomato Sauce	
Sliced Jalapeño	
Diced Jalapeño	
Whole Mushrooms	
Sliced Mushrooms	
Fruit Cocktail	
Peaches	
Tuna in Water	
Tuna in Oil	



MEAT / POULTRY	QUANTITY
Beef:	
Lean Ground Beef	
T-Bone Steak	
Rib-Eye Steak	
Filet Mignon	
Others	
Chicken/Turkey:	
Boneless Breast	
Whole Chicken	
Roasted Chicken	
Chicken Hotdogs	
Pork:	
Bacon	
Chorizo	
Sausage	
Hot Dogs	
Sliced Cold Cuts:	
Turkey	
Roast Beef	
Ham	
Lechon (Pig)	

FISH / SEAFOOD	QUANTITY
Fish Filets	
Whole Snapper	
Salmon	
Crab (Sushi type crab)	
Large Shrimp	
Lobster	
Shrimp	
Fish Ceviche	
VEGGIES	QUANTITY
Asparagus	
Avocados	
Tomatoes	
Onions	
Garlic	
Bell Peppers	
Broccoli	
Iceberg Lettuce	
Romaine Lettuce	
Radishes	
Mushrooms	
Spinach	
Potatoes	
Cilantro	
Carrots	
Potatoes	



SNACKS & GOODIES	QUANTITY
Ritz Crackers	
Saltine Crackers	
Wheat Crackers	
Graham Crackers	
Micro-Popcorn	
Cashews	
Raisins	
Salted Mixed Nuts	
Peanut Butter	
Grape Jelly	
Strawberry Jam	
Peach Jam	
Pineapple Jam	
Nutella	
Honey	
Mixed Dried Fruit	
Pudding Cups	
Flan	
Jell-O Cups	
Chocolate Syrup	

FROZEN FOODS	QUANTITY
Häagen Dasz Ice Cream:	
Flavor	
Dos Pinos Local Ice Cream	
Vanilla	
Choco Chip	
Chocolate	
Ice Cream Sandwiches	
Strawberry	
Sara Lee Cake	
Fronzen Waffles (Eggos)	
KITCHEN MISC.	QUANTITY
Aluminum Foil	
Zip-Lock Bags	
Coffee Filters	
Others	

